



## An assessment of Antioxidant potential and *in-vitro* SPF activity of *Amaranthus tricolor* and *Curcuma longa*

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Received on: 12-11-2016; Revised on: 01-05-2017; Accepted on: 02-07-2017

### ABSTRACT

The aim of present research work is to focus on analysis of the antioxidant activity and *in-vitro* SPF value *Amaranthus tricolor* and *Curcuma longa*. These types of herbs contains various organic and inorganic molecules (pigments) and their mixture, it had nature of absorption light in the visible region of 400-800nm. In the phytochemical analysis of *A. tricolor* and *C.longa* it was found that they contain glycosides, alkaloids, tannin, saponin and flavonoids as well as herbal dyes. The antioxidant properties of ethanolic extract of both herbs were analysed by DPPH percentage free radical inhibition activity. The antioxidant activity was found to be  $36.06 \pm 30.00$  % for *A. tricolor* and  $8.17 \pm 20.7\%$  was found for *C. longa* The SPF value was found to be  $4.118 \pm 0.0035$  *A. tricolor*, and  $4.626 \pm 0.018$  was found for *C. longa*. The future prospects of the study lies in developing novel suitable formulations of these herbal dyes.

**Keywords:** Poly (Lacide-co-glycolide), Flutamide, microspheres, SEM, X-RD.

### 1. INTRODUCTION

Herbal dyes are obtained from various sources which have their own properties such as turmeric, saffron, pomegranate, tomato, indigo, beet root and black plums without any side effect. A spectrum of colours which occur from herbal dyes ranging from yellow to black colour.<sup>1</sup> These types of herbs contains various organic and inorganic molecules (pigments) and their mixture because of absorption of light in the visible region of 400-800nm. This absorption of light which is depend on the structure of chemical constituent of the colour pigment, which contains such kind of chromophores in the dye yielding herbs to display the plethora of colours. The current preference for the use of herbal colouring agent or dye is due to their healthfulness and excellent performance. And other hand synthetic colouring agent have been banned because they causes various side effect and harmful or are carcinogenic.<sup>2-3</sup> Herbal dyes are classified on the basis of their chemical structure are following as : Flavones

(yellow and brown) mostly 90% of flavonoids are yellow and also having photosensitivity of the chromophore, Iso-quinolones (yellow colour), Chromene (orange yellow), Naphthoquinones (brown to purple grey), Anthraquinones (Red), Benzophyrone (purple and black), Indigoids (blue), and Vegetable tannins (neutral).<sup>4</sup> The majority of the antioxidant activity is due to the flavones, isoflavones, flavonoids, anthocyanin, coumarin lignans, catechins and isocatechins. The main characteristic of antioxidant is ability to trap the free radical. And various antioxidant activity methods are used to monitor and compare the antioxidant activity of herbs such as (e.g. 1, 1-diphenyl-2-picrylhydrazyl (DPPH) radical, the Superoxide anion radical (O<sub>2</sub>), the hydroxyl radical (OH), or the proxy radical (ROO).<sup>5</sup> Such herbal dyes are used to protect the human body from harmful effect of UV radiation of sun rays. The Sun protection factor of herbs by comparing the amount of time needed to produce sunburn on sunscreen protected skin to the amount of time needed to cause

sunburn on unprotected skin.<sup>6</sup>

Now the herbal dyes are commonly used in cosmetic industries due to without any side effect by its use are safe for human skin, and also it protect from UV radiation and also having anti-ageing properties. In these article we studied about herbal dyes and comparison of antioxidant activity and *in-vitro* SPF value of *Amaranthus tricolor* and *Curcuma longa* for development and formulation of herbal dyes product in future work.

## 2. MATERIAL AND METHOD

The leaves of *Amaranthus tricolor* and Rhizome of *Curcuma longa* were collected from different sources and its botanical identity was authenticated & confirmed by Department of Botany Govt. V. Y. T. (P.G) Autonomous College, Durg (C.G.) & dried under shade. A voucher specimen has been deposited in Department of Botany, Govt. V. Y. T. (P.G) Autonomous College, Durg (C.G.) for future reference .

### 2.1 Preparation of extract

Extraction of leaves of *Amaranthus tricolor* and Rizome of *Curcuma longa* can be done by decoction process . In this process , the drug is boiled with water for a stated period usually 10 minutes. After boiling , the liquid is strained and water is passed through the content of the strainer to make the required volume. This process is mainly used for vegetable drugs of hard and woody nature having thermostable water soluble constituents.<sup>8,11,15</sup>

### 2.2 Evaluation of Physico-chemical properties

Evaluation of physicochemical properties can be determine by various physicochemical parameters such as total ash (acid insoluble ash, water soluble ash) , extractive value ( water soluble extractive value, alcohol soluble extractive value) , loss on drying , were calculated as per Indian Pharmacopoeia in table no.2 and 3<sup>15,16,20</sup> .

#### 2.2.1 Preliminary phytochemical screening

Plant is a biosynthetically prepared in laboratory not only for the primary metabolites such as carbohydrates, proteins & lipid that are utilized as food by man but also for secondary metabolites like alkaloids, glycosides, tannins, volatile oil etc. that exerts a physiological & therapeutic effects. The mother extract obtained by successive decoction method were then subjected to various presence of qualitative chemical constituents such as glycoside , alkaloid , tannin , volatile oil , saponin, gum and mucilage etc are observed on table no.5<sup>21</sup> .

#### 2.2.2 Antioxidant activity determination

The hydrogen atoms or electrons donation ability of polyphenol-rich extract was measured from the bleaching of purple colored methanol or ethanol solution of DPPH. This spectrophotometric method uses stable radical 1,1-Diphenyl- 2-picrylhydrazyl (DPPH) as a reagent<sup>21, 22</sup>. Four ml of the aqueous extracts dissolved in methanol or ethanol were added to 2.5 ml of a 0.1 mM solution of DPPH. After a 30 min incubation period at room temperature the absorbance was recorded against a blank at 515 nm. Percentage inhibitions of both extract were observed on table no. 6<sup>23-31</sup>.

**Formula :**

$$I\% = (A_o - A_s / A_o) \times 100$$

Where, I = Percentage inhibition DPPH activity.

A<sub>o</sub> = The absorbance of the standard solution.

A<sub>s</sub> = The absorbance of the test compound.

#### 2.2.3 Determination of *In vitro* SPF (Sun Protecting Factor)

For sample preparation 100mg of extract was weighed and made up the volume up to 10 ml with aqueous (water) which gave 10,000 micro g ml of extract. Then 1 ml was taken out of it and made up the volume up to 10 ml which gave 1000 µg ml. Further took 2 ml of the above dilution and made up the volume up to 10ml which produced 200 µg ml of the extract. Then absorbance values of each aliquot prepared were determined from 290-320nm, at 5 nm intervals, taking water as blank using Shimadzu UV-Visible spectrophotometer ( Shimadzu 1700, Japan) Value are shown in table no. 7 and 8<sup>29-30</sup>. The efficacy of sunscreen is usually expressed by the Sun Protection Factor (SPF) .SPF is defined as the UV energy required to produce a Minimal Erythematic Dose (MED) on protected skin, divided by the UV energy required to produce a MED on unprotected skin.

$$SPF = \frac{\text{Minimal erythematic dose in sunscreen-protected skin}}{\text{Minimal erythematic dose in non-sunscreen-protected skin}}$$

Where, MED is defined as the lowest time interval or dosage of UV light irradiation sufficient to produce a minimal, perceptible erythematic on unprotected skin. The higher the SPF, the more effective is the product in preventing sunburn.<sup>28,31</sup>

The observed absorbance values at 5 nm intervals (290-320nm) were calculated by using formula:

**Formula:**

$$\text{SPF} = \frac{\sum_{290}^{320} \text{EE}(\lambda) \times I(\lambda) \times \text{Abs}(\lambda)}{\text{Spectrophotometric}} = \text{CF}$$

Where, CF= correction factor<sup>10</sup>

EE ( $\lambda$ ) = erythmogenic effect of radiation with wavelength  $\lambda$ .

Abs ( $\lambda$ ) = Spectrophotometric absorbance values at wavelength  $\lambda$ .

I ( $\lambda$ ) = Intensity with wavelength  $\lambda$ .

**3. RESULT AND DISCUSSION****3.1 Physicochemical parameter**

The determination of physicochemical parameter is very important parameter to determination of adulterants and improper handling of drugs. **Table no.1, Table no.2 and Table no.3** shows the result of various physico-chemical parameters of herbs by using standard parameter. Loss on drying method

used to determine the moisture content in herbs as per standard. Ash value used to determine the quality and purity of herbs. Ash values are indicative to some extent of care taken in collection and preparation of drug for market and of foreign matter content of natural drug. The object of ashing is to remove all traces of organic material interfering in an analysis of inorganic constituents. Adhering dirt, sand as well as variation caused by calcium oxalate may be determined by acid-insoluble ash content. Total ash value usually consists of carbonates, phosphates, silicates & silica. The acid insoluble ash consists of mainly silica and indicates contamination with earthy matter. The water soluble ash is used to determination of the amount of inorganic elements present in drugs. The extractive values are useful to determination of the chemical constituents present in the crude drug and also help in estimation of specific constituents soluble in a particular solvent.

**Table no.1 Organoleptic evaluation of *Amaranthus tricolor* and *Curcuma longa***

Organoleptic parameter	<i>Amaranthus tricolor</i>	<i>Curcuma longa</i>
Colour	Red	Yellowish -brown
odour	Characteristic	Characteristic
Taste	Bitter	Slightly bitter
Shape	Ovate	Cylindrical

**Table No 2. Physico-chemical parameters of *Amaranthus tricolor***

S. No.	Physical Constants	Yield/	Standard.
1.	Loss of drying.	3.5 %	N.M.T=5.0%
2.	Total ash value.	2.6%	N.M.T=17.0%
3.	Acid insoluble ash value.	2.3%	N.M.T=2.6%
4.	Water soluble ash value.	1.5.%	N.M.T=2.5%
5.	Water soluble extractive value.	12.0%	N.L.T 17.0%

\*Each result is the average of three measurements  $\pm$ SD

**Table No: 3 Physico-chemical parameters of *Curcuma longa***

S.No	Physical Constants	Yield	Standard
1.	Loss of drying	8.0%	N.M.T=10%
2.	Total ash value	4.2%	N.M.T=5.2%
3.	Acid insoluble ash value	1.0%	N.M.T= 1.2%
4.	Water soluble ash value	2.2%	N.M.T= 2.4%
5.	Water soluble extractive values	10%	N.L.T= 12%

\*Each result is the average of three measurements  $\pm$ SD

**3.2 Preliminary phytochemical screening**

The herbs or powdered drugs are showed different colour with different chemical reagents when seen on naked eye .The different colour are observed shows the presence with different phytoconstituents. The

phytochemical screening is used to determine the presence of primary and secondary metabolites. Primary metabolites such as carbohydrates, lipid and proteins and other than secondary metabolites such as glycoside, alkaloids, saponin etc (**Table no.4**).

**Table no. 4 Determination of phytochemical screening of *Amaranthus tricolor* and *Curcuma longa***

S. No.	Chemical Tests For	<i>Amaranthus Tricolor</i>	<i>Curcuma longa</i>
1.	Carbohydrates	+ve	-ve
2.	Proteins	-ve	-ve
3.	Amino Acids	-ve	-ve
4.	Alkaloids	-ve	-ve
5.	Glycosides	-ve	-ve
	Anthraquinones		
	Cardiac	-ve	-ve
	Cyanogenetic	-ve	-ve
6.	Flavonoids	+ve	-ve
7.	Steroids & Triterpenoids	-ve.	-ve
8.	Tannins & Phenolics	+ve	-ve
9.	Saponins	-ve	-ve
10.	Resins	-ve.	-ve
11.	Mucilage	-ve	-ve
12.	Gum	-ve	-ve
13.	Fixed Oils	-ve	-ve
14.	Volatile Oils	-ve	-ve

\*Each result is the average of three measurements  $\pm$ SD

### 3.3 Antioxidant activity determination

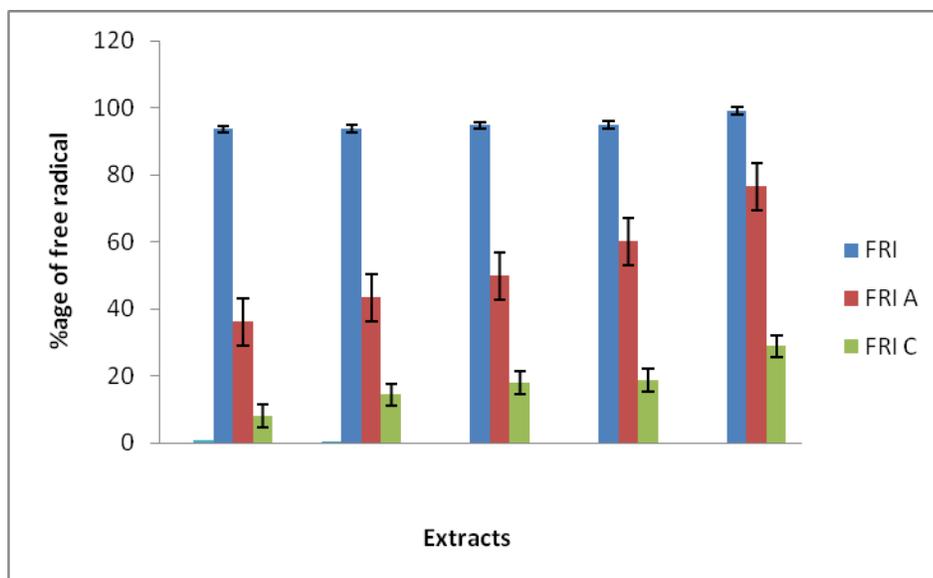
The determination of antioxidant activity from natural product mostly DPPH method has been widely used. This method has such advantages of being an easy, stable and rapid way to study the antioxidant activity of herbal dyes or any other herbs, which acts as free radical scavengers. In this method, when DPPH reacts with an antioxidant compound,

the colour changes from deep violet to yellow colour and get the absorbance at 517nm by using UV spectrophotometer (Table no.5). In this study, the DPPH absorption inhibition ranged from 36.06  $\pm$  30.00 % for *Amaranthus tricolor* and 8.17  $\pm$  20.7% for *Curcuma longa*. So it has been conclude that the *Eugenia jambolana* extract have good antioxidant activity as compared with *Beta vulgaris*

**Table no. 5. Percentage inhibition of extract of *Amaranthus tricolor* and *Curcuma longa***

Concentration ( $\mu$ g/ml)	% Inhibition of ascorbic acid	% Inhibition of <i>Amaranthus tricolor</i>	% Inhibition of <i>Curcuma longa</i>
25	93.53%	36.06%	8.17%
50	93.81%	43.44%	14.41%
75	94.79%	49.72%	17.90%
100	94.87%	60.10%	18.61%
125	99.16%	76.39%	28.78%

\*Each result is the average of three measurements  $\pm$ SD.



**Figure 1. Percentage of inhibition activity of Amaranthus and Curcumin extract.** The bars represent standard error (S.E) on experiment carried out for Amaranthus and Curcumin extract, where FRI represent L-ascorbic acid , FRI A represent Amaranthus extract and FRI C represent Curcumin extract. The results are expressed as mean  $\pm$  S.E.M. The statistical analysis values Statistical tests as well as mean and S.E.M calculations and graphical representation of result were performed.

### 3.4 In-vitro SPF value

**Table no.6 In vitro SPF of Amaranthus Tricolour**

Wavelength (nm)	EE( $\lambda$ ) $\times$ I( $\lambda$ ) Employed	Absorbance (A)	EE( $\lambda$ ) $\times$ I( $\lambda$ ) $\times$ Absorbance(A)
290	0.0150	0.206 $\pm$ 0.001	0.0042 $\pm$ 0.000015
295	0.0817	0.265 $\pm$ 0.001	0.2165 $\pm$ 0.000081
300	0.2874	0.240 $\pm$ 0.001	0.0689 $\pm$ 0.000028
305	0.3278	0.213 $\pm$ 0.001	0.0698 $\pm$ 0.000032
310	0.1864	0.189 $\pm$ 0.001	0.0352 $\pm$ 0.000018
315	0.0837	0.170 $\pm$ 0.002	0.0142 $\pm$ 0.00001
320	0.0180	0.157 $\pm$ 0.001	0.0028 $\pm$ 0.000018
			$\Sigma = 0.4118 \pm 0.00035$

$$\text{SPF}_{\text{Spectrophotometric}} = \text{CF} \sum_{290}^{320} \text{EE}(\lambda) \times \text{I}(\lambda) \times \text{Abs}(\lambda) = 10 (0.411877 \pm 0.00035)$$

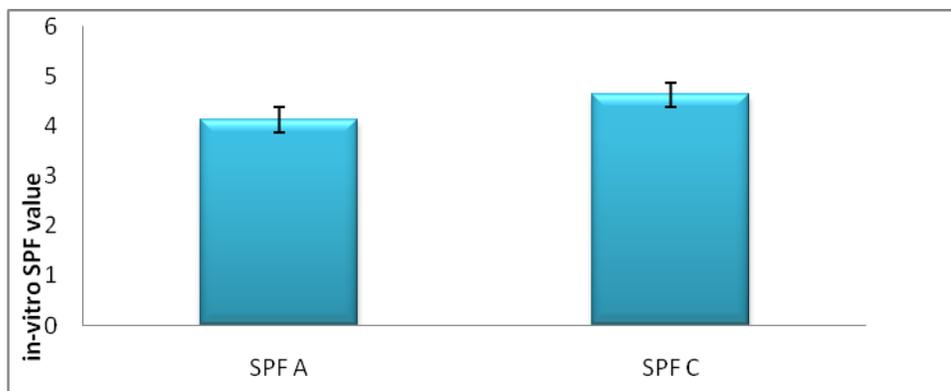
$$\text{SPF} = 4.118 \pm 0.0035.$$

**Table No 7 . In vitro SPF of Curcuma longa:**

Wavelength (nm)	EE( $\lambda$ ) $\times$ I( $\lambda$ ) Employed	Absorbances (A)	EE( $\lambda$ ) $\times$ I( $\lambda$ ) $\times$ Abs(A)
290	0.0150	0.0616 $\pm$ 0.002	0.00092 $\pm$ 0.00003
295	0.0187	0.0613 $\pm$ 0.001	0.00500 $\pm$ 0.00008
300	0.2874	0.055 $\pm$ 0.001	0.01580 $\pm$ 0.0002
305	0.3278	0.048 $\pm$ 0.002	0.01573 $\pm$ 0.0006
310	0.1864	0.042 $\pm$ 0.001	0.00788 $\pm$ 0.0001
315	0.0837	0.003 $\pm$ 0.008	0.00309 $\pm$ 0.0006
320	0.0180	0.033 $\pm$ 0.001	0.00594 $\pm$ 0.00001
			$\Sigma = 0.4626 \pm 0.0018$

$$\text{SPF}_{\text{Spectrophotometric}} = \text{CF} \sum_{290}^{320} \text{EE}(\lambda) \times \text{I}(\lambda) \times \text{Abs}(\lambda) = 10 (0.4626 \pm 0.0018)$$

$$\text{SPF} = 4.626 \pm 0.018$$



**Figure 2.** A graph represents the in-vitro SPF value of *Amaranthus* and Curcumin extract, where SPF A represent for *Amaranthus* extract and SPF C for Curcumin extract.

The results are expressed as mean  $\pm$  S.E.M. The statistical analysis values Statistical tests as well as mean and S.E.M calculations and graphical representation of result were performed.

#### 4. CONCLUSION

Herbal dyes are not only having colouring property but also having the wide range of medicinal properties like antioxidant, UV protection and antiageing properties. Nowadays, there is increasing awareness among people about herbal dyes. Due to their non-toxic properties, less side effects, more medicinal values, herbal dyes are used in food products and in pharmaceutical industry. Because of that we selected two herbs to study antioxidant activity and SPF value of *Amaranthus tricolor* and *Curcuma longa*. Phytochemical screening was carried out according to standard methods. Extracts shows the presence of carbohydrates, glycosides, flavonoids, tannins. It has been reported that topical application of *Amaranthus tricolor* and *Curcuma longa* extract prior to UV radiation result in significant protection against UV induced cutaneous edema and erythema. Hence selected plant extract could form an important constituent of photo protective formulation. By adding various constituents product synergistic effects with herbal extract and its photo protective activity high range herbal photo protective formulation could be designed. The herbs are used in the formulation and

produced a stable photo protective herbal. *Amaranthus tricolor* higher SPF value which is used as the combination with extract. The antioxidant activity was performed by the DPPH method. The antioxidant activity of the extracts was compared with the standard ascorbic acid. Antioxidant activity of ascorbic acid was considered 100% and activity for the other extracts was determined with respect to it. The *Amaranthus tricolor* extract have good antioxidant properties as well as SPF value so, this extract are safe because of that for further development of pharmaceutical industry to formulate the natural plant pigments into therapeutically beneficial pharmaceutical formulations/dosage forms for safe use.

#### ACKNOWLEDGEMENT

We express our deep gratitude and sincere thanks to the Chhattisgarh Council of Science and Technology, Raipur providing financial grant under the MRP Scheme (536/CCOST/MRP/2012). We are also thankful to management of Shri Rawatpura Sarkar Institute of pharmacy, Kumhari (C.G) for providing necessary facilities to carried out this work.

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