

**AN OVERVIEW OF MEGNETIC RESONANCE IMAGING (MRI)**

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**\*Corresponding author e-mail:** [yashchaudhray90@gmail.com](mailto:yashchaudhray90@gmail.com)**ABSTRACT**

Magnetic Resonance Imaging (MRI) has continued over 42 years from being a technique with great prospective to one that has become the primary diagnostic examination for many clinical problems. Its application was principally limited to the neuro-axis, covers whole part of the body and an increased information base has provided a better understanding of how it can be bring into more effectual ,either itself or with combination of other techniques, concerning to maximize diagnostic certainty. This article purposes to describe limited historical review of magnetic resonance imaging physics, instrumentation, fundamental sequences, and Magnetic Resonance Contrast agents of magnetic resonance imaging, its application and recent advances in Magnetic Resonance imaging.

**Keywords:** Magnetic Resonance Imaging, Contrast Agent, Magnetic Resonance Angiography**INTRODUCTION**

Magnetic resonance imaging (MRI) is a medical imaging technique used in radiology to investigate the anatomy and physiology of the body in both disease and health. MRI optical nature utilizes tough magnetic field and radio waves to form images of the body. The approach is regularly used in medical for investigation, staging of disease and for report on without contact to ionizing radiation. It is uses a magnetic area and pulses of radio wave energy to make pictures of organs and structures internal part of the body. In several cases, MRI gives unique information about structures in the body than can be seen among an X –ray, ultra sound, or computed tomography scan. Into this enlargement continual Elements are used. But contrast agents play a large role. (Formica *et al* 2004) MRI contrast agents are a group of contrast media used to recover the visibility of internal body structures in magnetic resonance imaging. The most regularly used compounds for contrast improvement are gadolinium-based. MRI contrast agents firmed the mitigation times of atoms within body tissues where they are present after oral or intravenous administration. In MRI OCR sections of the body are showing to a very strong magnetic field then a radiofrequency pulse is applied causing a

tip of the net magnetization generated from hydrogen nuclei (mostly water protons). Signal can be detected. Relaxation mechanisms will bring the net magnetization back to its balance position with a distinguishing time T1. Water protons in different tissues have far removed from T1 value, which is one of the essential sources of contrast in images. A contrast agent compresses the assessment of T1 of nearby water protons such that the contrast in the image is personalized. (Frydrychowicz *et al* 2012)

**WHY IT IS DONE**

Magnetic resonance imaging (MRI) is done for a lot of reasons. It is used to distinguish problems similar to bleeding, tumors, injury, blood vessel diseases, or contamination. MRI also may be done to provide more information about a problem seen taking place an X-ray, ultrasound scan, or CT scan. Contrast material may be used during MRI to show abnormal tissue more clearly. An MRI scan will be done for the:

**Head-** MRI can look at the brain in maintain of tumors, an aneurysm, hemorrhage inside the brain, nerve injury, and supplementary severe problems, like harm due to a stroke. Magnetic Resonance

Imaging can as well find problems of the eyes and optic nerves, and auditory nerves' and the ears.

**Chest-** MRI of the chest can appear at the heart, and coronary blood vessels, the valves. It can show if the heart or lungs are wounded. Magnetic Resonance Imaging of the chest may also be used to appear for breast cancer.

**Blood vessels-** Using MRI to look at blood vessels and the flow of blood through them is called magnetic resonance angiography (MRA). It can discover problems of the arteries and veins, such the same as aneurysm, a blocked blood vessel, or the torn coating of a blood vessel (assessment). A lot of period contrast material is used to see the blood vessels more evidently.

**Abdomen and pelvis-** MRI can find problems in the organs and structures in the belly are present as the liver, pancreas, bladder, kidneys and gallbladder. It is used to discriminate tumors, bleeding, contamination, and blockage.

**Bones and joints-** MRI can check for problems of the bones and joints, such as arthritis, troubles by way of the temporal mandible joint bone material complexity, cartilage harms, bone tumors, torn ligaments or tendons, or infection. MRI may also be used to define if a bone is broken when X-ray results are not fair. MRI is done more commonly than other tests to check for some bone and joint problems.

**Spine-** MRI can check the discs and nerves of the spine for conditions such as disc bulges, spinal stenosis, and spinal tumors.

#### BASIC MR PHYSICS

Atomic Structure- The nucleus of an atom has two particles;

1. Protons: The protons have a positive charge and
2. Neutrons: The neutrons have a neutral charge.
3. Electrons: Orbiting the nucleus are the electrons, which get a negative charge.

The two properties commonly used to classify elements are:

1. The atomic number which represents the integer of protons in the nucleus and is the primary index used to separate atoms.
2. The atomic mass number which is the total number of protons and neutrons. Atoms with the same atomic number but different atomic weight are called isotopes. A third advantage of atomic nuclei is nuclear spin. These all of particles is in motion. In the same way the neutrons and protons

spin concerning their axis. Spin:Spin is a fundamental belonging of nature like electrical charge or mass. Spin came in multiple of  $1/2$  and can be + or - Protons, electrons, and neutrons cut to spin. Each one unpaired electrons, neutrons, and protons each one have a spin of  $1/2$ .

Properties of Spin: When placed in a magnetic field of power B, a particle among a net spin can take in a photon of frequency. The frequency imagine on the gyro magnetic ratio of the particle for hydrogen ( $42.58 \text{ MHz / T}$ ). Nuclei suitable for MRI are those which have an unpaired proton or neutron which possess net spinning charge or have angular momentum. This is because as spin is allied with an electrical charge and a magnetic ground is created in nuclei with impaired nucleons causing these nuclei to act as magnets with North and South poles (magnetic dipoles). Significance of hydrogen nucleons in MRI is the mainly significant class that is MR sensitive and most abundant atom in the body in the form of water ( $\text{H}_2\text{O}$ ) for the hydrogen nucleons which contain of a solitary unpaired proton acts as a magnetic dipole. These magnetic dipoles in the absence of external power are randomly oriented and as such have zero net Magnetization. When on the outside magnetic field is applied to this sample, all the hydrogen nuclear axes true up in the direction of the magnetic field, producing a capacity of left behind magnetization, and this be able to result in of two types either in the direction of the filed i.e. which parallel the exterior magnetic field- spin up or align anti-parallel (opposite) with the magnetic field spin down. These orientations communicate to lower energy state and highly energy states of the dipole so as to order. Nuclei be competent to be made to undergo transition from one energy state to another by absorbing or releasing certain quantity of energy. This energy be competent to be supplied or well again in the form of electromagnetic energy in RF portion of the electromagnetic spectrum and this transition from one energy level to another is called resonance. Whereas an exterior magnetic field is applied their N and S poles do not align precisely with the direction of the magnetic field. The axes of spinning protons oscillate or wobble with a slight tilt from a position which was parallel with the flux of outside magnet. This tilting or wobbling is called precession. The charge or frequency of precession is known the Resonant or Larmor frequency, which is relative to the strength of the functional magnetic field. The Larmor frequency of hydrogen is  $42.58 \text{ MHz}$  in a magnetic field of 1 Tesla, someplace particular Tesla is 10,000 times the earth's magnetic region. The magnetic field

strengths used for MR imaging range from 0.1 to 4.0T. Larmor equation is articulated as-

$$F = \gamma B$$

Where,

F = the resonant frequency,

$\gamma$  = the gyro magnetic ratio,

And B = the applied field.

In précis, when nuclei are subjected to the flux of an external magnetic field, two direct states result. Spin-up: which direction of the ground and spin-down: This is in the opposite direction of the field. The combined outcome of these two energy states is a weak net magnetic moment, or magnetization vector (MV) Parallel with the applied magnetic field. In that moment energy in the seem to be of all electromagnetic wave from a RF antenna coil is directed tissue with protons (hydrogen nuclei) that are aligned in the Z axis by an external static magnetic field (by the imaging magnet), the protons which are establish in the tissue that have a Larmor frequency identical that of electromagnetic wave absorb energy and shift or rotate from the direction induced by the imaging magnetic longer the RF pulse is used, the larger the angle of rotation. If pulse is a lot needed intensity (duration), it will be rotate the net tissue magnetization vector into a transverse plane (XY plane), which is parallel to longitudinal arrangement (Z-Axis) and cause all the protons to process in phase this is referred to as a 90RF pulse or a flip direction of 90. On this definite moment a maximal RF signal is induced in a receiver coil. This signal depends on the occurrence or absence of hydrogen and also all the degree to which hydrogen is bound contained as a result of a molecule. E.g.: Bone – due to presence of strongly bound hydrogen atoms, they don't increase by way of themselves with external magnetic field and do not produce a usable signal. In soft tissues and liquids – due to incidence of loosely bound or mobile hydrogen atoms, tilt and align to make able to be seen signal. The evaluate of the concentration of loosely bound hydrogen nuclei accessible to create the signal is referred to as proton density or spin density of the tissue in impossibility. When the radio waves (RF pulse) are turned off 2 events occur at the allied time. A T1 weighted image is produced by a small recurrence time between RF pulses and a short signal recovery time. For the reason that T1 is all exponential increase time constant a tissue with short T1 produces all intense MR signal and is displayed as bright white in a T1 weighted image. A tissue with widespread T1 produces a – low intensity signal and appears dark in MRI. The magnetic moments of closest hydrogen nuclei begin to

interfere with one another; this causes the nuclei to dipphase, along with a following failure of slanting magnetization. That time secure to explains the rate of loss of transverse magnetization is called T2 relaxation time / transverse (Spin) relaxation time. The transverse magnetization quickly decays to zero, as do the amplitude and stage of the detected radio signal. That A T2-weighted image is acquired with a long recurrence time between RF pulses and a long signal improvement time. A tissue with a long T2 produces a high-intensity signal and is bright inside the image. On own T2 produces a low strength signal and is dark in the image. Image contrast together with the different tissues in the body is manipulated in MRI by varying the rate at which the RF pulse is transmitted A short repetition time (TR) of 500 m/sec between pulses and a short echo of signal recovery time (TE) of 20 m/sec produces T1 weighted image. A ongoing TR (2000msec) and a drawn out TE (80msec) produces T2 weighted images for every diagnostic task, the operator have to choose which imaging sequence will being out optimal image contrast. T1 weighted images are recognized fat images because the fat has the shortest T1 relaxation time and the lightest signal relative to other tissues and thus appear light in the image. Superior anatomic phase is to be expected in this type of image because of good image contrast. T1 weighted images are supportive or depicting small anatomic part be fond of TMJ, all over the place high spatial resolution is important. T2 Weighted images are called water images because water has the longest T2 relaxation time and thus appear bright in the image. In common, the T2 time of abnormal tissues is longer than that of normal tissues. Images with T2 weighting are most usually used when the practitioner is looking for inflammatory dissimilarity and tumors. T1 Weighted images are additional commonly used to demonstrate composition. In look at, images often must be acquired with both T1 and T2 weighting to separate the several tissues by contrast statement. Localization of MRI to every one part of the body (selecting a slice) and the ability to create a 3 dimensional image depends on the fact that the larmor frequency of a nucleus is governed in part by the strength of the outer magnetic field. The magnetic gradient is collect by three electromagnetic coils within the bore of imaging magnet. The coils encircle the patient and produce magnetic field that oppose and redirect the magnetic flux in 3 orthogonal or right angle directions to delineate individual volumes of tissues ,which are subjected to magnetic division of unique strength. Partition the local magnetic fields lines all the hydrogen protons, in voxel to the similar

resonant frequency. This is known selective excitation, while a RF pulse among a range of frequencies is in no qualm, a voxel of tissue tuned to single frequencies is concerned, at the same time as the RF radiation is fulfilled, the agitated voxel radiates frequency, identifying and localizing it. The band variety or spectrum of frequencies of the RF pulse and the extent of slice selecting gradient conclude the slice thickness. Slice thickness probably will be decreased as a result of increasing the gradient strength or declining the RF band width (frequency series). How does a patient achieve the results of the Magnetic Resonance Imaging scan? at the back the Magnetic Resonance Imaging scanning is completed the computer generates visual images of the area of the body that was scanned and these images are transferred to film (hard copy) this film is interpreted by the radiologist.

Signal intensity for each tissue:

1. Fat tissues: Fat tissue appears as high signal intensity on T1-Weighted images and low signal intensity on T2-Weighted images with fat containment.
2. Muscle tissue: Muscle commonly appears as low signal intensity on both T1 and T2-weighted images with fat restraint except Lingual muscles which have transitional signal intensity on T1-weighted images due to their relatively high fat component compared to other muscles.
3. Cortical bone tissue: Cortical bone tissue is indicated as a signal intensity void on T1 and T2-weighted images. Chancellors bone tissue demonstrates high intensity on T-weight images and low intensity on T2-weighted images with fat suppression.
4. Lymph nodes and tonsils: Lymph nodes and tonsils have low intensity on T1-Weighted images and intermediary –high signal intensity on T2-Weighted images with fat containment.
5. Teeth: The teeth, apart from pulp tissue, come out as a signal void on T1 and T2-weighted images; pulp tissue has intermediate signal intensity on T1 –Weighted images and high signal intensity on T2 weighted images with fat discomfiture. The dental follicle of an intermittent tooth has signal intensity on T1-weighted images and high signal intensity on T2-weighted images with fat suppression.
6. Parotid gland: Signal intensities differ among the tissues of the salivary glands. The parotid glands have fairly high signal intensity on T1-weighted images and low signal intensity on T2-weighted images with fat suppression. where the parotid ducts have high signal intensity on T2-weighted images with fat suppression and low signal intensity on T1-weighted images.

7. Submandibular gland: The submandibular glands have intermediate signal intensity on T1 weighted images and low signal intensity on T2-weighted images with fat inhibition. Ducts have high signal intensity going on T2-weighted images with fat suppression and low signal intensity on T1-weighted images.

8. Sublingual gland: The sublingual gland has intermediate signal intensity on T1–weighted images and high signal intensity on T2-weighted images with fat suppression.

9. Temporo-Mandibular Joint (TMJ): The discs of the TMJ have low signal intensity on T1 and T2-weighted images. TMJ effusion explains similar to next to the ground signal strength on T1-weighted images and high signal intensity on T2-weighted images.

10. Cavities: The cavities (maxillary sinus and nasal cavities) appear as void signal on T1 and T2-weighted images.

11. Blood vessels: Blood vessels usually have void signal intensity due to blood flow, termed, signal void, on T1 and T2 –weighted images, a numeral of vessels with slight flow rate become visible with high signal intensity on T2-weighted images with fat suppression and low intensity on T1-weighted images, connected to the signal from water.( Girish *et al* 2011)

## BASIC APPLICATION OF MRI

### Magnetic resonance imaging of the brain:

Magnetic resonance imaging (MRI) of the nervous system uses magnetic fields and radio influence to produce high quality two- or three-dimensional images of nervous system structures without use of ionizing radiation (X-rays) or radioactive tracers. Particular profit of MRI of the brain over computed tomography of the head is better tissue contrast and it has fewer artifacts than CT when viewing the brainstem. Magnetic Resonance Imaging is enormous for pituitary imaging. In analysis of the fetal brain, MRI provides more information about gyration than ultrasound. A numeral of several imaging modes can be used with imaging the nervous system:

$T_1$ : Cerebrospinal fluid is shaded. T1 weighting is helpful for visualizing usual anatomy.

$T_2$ : CSF is light, but fat (and thus white matter) is darker than in the midst of  $T_1$ .  $T_2$  is loyal for visualizing pathology.

PD (proton density): CSF has a relatively high phase of protons, production CSF come into point of view extreme. Gray matter is brighter according to white matter.

FLAIR: useful for assessment of white matter plaques near the ventricles. It knows demyelization. (Leksell *et al* 1985)

**Cardiac magnetic resonance imaging:**

Cardiovascular magnetic resonance imaging (CMR) is a medical imaging technology for the non-invasive assessment of the function and structure of the cardiovascular system. It's significant from and depend on the alike basic principles as magnetic resonance imaging (MRI) but with optimization for use in the cardiovascular system. These optimizations are effectively use for ECG gating and rapid imaging techniques or sequences. With combining a numeral of such techniques interested in protocols, valuable and morphological features of the cardiovascular system are skilled to assess. (Fiechter *et al* 2013)

**Liver and gastrointestinal MR:**

Hepatobiliary MR is used to detect and distinguish lesions of the liver, pancreas and bile ducts. Disorders of the liver may be evaluated using allotment, weighted, opposed-phase imaging and energetic contrast development sequences. Extracellular contrast agents are widely used in liver MRI and newer hepatobiliary contrast agents also provide the opportunity to perform functional biliary imaging. The Anatomical imaging of the bile ducts is achieved by using a heavily T2-weighted sequence in magnetic resonance cholangio pancreatography (MRCP). Imaging of the pancreas is showed next board of secret in. MR enterography provides non-invasive evaluation of inflammatory bowel disease and small bowel tumors. MR-colonography can play a significant role in the detection of large polyps in patients at improved risk of colorectal cancer. (Sandrasegaran *et al* 2010)

**Magnetic resonance angiography:**

Magnetic resonance angiography (MRA) is a group of techniques based on magnetic resonance imaging (MRI) to image blood vessels. It is used to produce images of arteries in order to assess them for stenosis or occlusions, aneurysms or latest error. Magnetic Resonance Angiography is used to assess the arteries of the brain and neck the thoracic and abdominal aorta, the renal arteries, and the legs. A collection of techniques is competent to be used to manufacture the pictures, of the same kind to administration of a paramagnetic contrast agent (gadolinium) or with a technique known as flow-related upgrading (e.g. 2D and 3D time-of-flight sequences) where mostly signal on an image is due to blood that recently moved into that plane. Magnetic resonance venography (MRV) is a similar procedure that is used to image veins. In this tissue is now disconcerted inferiorly, immobile the signal is

congregated in the plane immediately superior to the excitation plane-thus imaging the venous blood that recently moved from the energetic plane. (Charles *et al* 1986)

**Magnetic resonance spectroscopy:**

Magnetic resonance spectroscopy (MRS) is used to measure the levels of dissimilar metabolites in body tissues. The Magnetic Resonance signal yields a spectrum of resonances that corresponds to different molecular preparations of the isotope individual dynamic. This given name is used to study certain metabolic disorders for the most part individuals distressing the brain, and to achieve in order on tumor metabolism. MRS imaging combines as a group spectroscopic and imaging methods to produce spatially localized spectra from within the sample or patient. The spatial resolution is much lower but the spectra in each voxel contain information about numerous metabolites. Because the available signal is used to encode spatial and spectral feature. (Golder 2004)

**HISTORY**

Magnetic resonance imaging was imaginary by Paul C. Lauterbur in September 1971; he describes the theory behind it in March 1973 (Lauterbur P C 1973). The factors necessary to summarize contrast (differences in tissue relaxation time values) had been described nearly 20 years former by Erik Odeblad (physician and scientist) (Odeblad E *et al* 1995). In 1952, Herman Carr produced a one-dimensional NMR spectrum as noted. In the Soviet Union, Vladislav Ivanovfiled (in 1960) a document with the USSR State Committee for Inventions and Discovery at Leningrad for a Magnetic Resonance Imaging device, despite the fact it was not acceptable awaiting the 1970s. (Mac Williams 2003) In a 1971 paper in the journal Science, Raymond Damadian, an American physician and professor at the Downstate Medical Center State University of New York (SUNY), reported that tumors and normal tissue can be well-known in vivo by nuclear magnetic resonance. He recommended that these differences could be used to analyze cancer; still later research would find that these differences, on the identical instant as real are too volatile for diagnostic function. Damadian's to start on through methods were flawed for impartial use, relying on a point-to-point look to be at of the entire body and using spin down duty, which generate not to be an effectual indicator of cancerous tissue. Where researching the systematic properties of magnetic resonance, Damadian produced hypothetical magnetic resonance cancer-detecting equipment in 1972. (Damadian 1971) The National Science Foundation notes the patent integrated the idea of using NMR to scan the human

body to locate cancerous tissue. Move about it did not arrange a system for generating pictures from such a scan or precisely how such a scan capacity done. Paul Lauterbur at Stony Brook University expanded on Carr's technique and developed a way to generate the first MRI images in 2D and 3D, with gradient. Keen on 1973, Lauterbur published the first nuclear magnetic resonance image and the first cross-sectional image of a live rat in 1974. In the 1970s, Peter Mansfield, professor at the University (Nottingham, England) computerized a numerical technique that would allow scans to take seconds rather than hours and produce clearer images than Lauterbur had. Damadian, together with Larry Minkoff and Michael Goldsmith, perform opportunity MRI body look over in a human life outward illustrate on July 3, 1977, Information which they presented in 1977. In 1979, Richard S. Likes filed rights on k-space. (Damadian R 1977) During the 1970s a team led by Scottish professor John Mallard built the first full body Magnetic Resonance Imaging scanner. On 28 August 1980 they used these apparatus to obtain the first clinically useful image of a patient's internal tissues using Magnetic Resonance Imaging (MRI), which accepted a prime tumor in the patient's chest, the same liver, and secondary cancer in bones. This tool was more or less immediately used at St Bartholomew's Hospital in London from 1983 to 1993. Mallard and his team are recognized for technological advances that led to the widespread introduction of Magnetic Resonance Imaging. In 1980 Paul associated the GE Research Center in Schenectady NY and his team prearranged the highest field-strength magnet then easy to find out to a 1.5T system and pull together the most primitive high-field and overcame problems of coil drawing, RF infiltration and signal-to-noise ratio to build the first all-body system MRI/MRS scanner. The results translated interested in the highly dependability 1.5T MRI product-line, with 20000 systems in use at current. Bottomley performed the preliminary partial to a small area MRS in the human heart and brain. Earlier period starting collaboration on heart applications with Robert Weiss at Johns Hopkins, Bottomley returned to university in (1994) as Russell Morgan Professor and director of the MR look dedicated on division. Still MRI is most commonly performed at 1.5T; superior fields such as 3T are in go forward more popularity because of their increased sensitivity and resolution. Throughout consider human studies have been performed at 9.4 T and animal studies have been examined at positive in the track of 21.1T. (Qian C 2012)

### ADVANCES IN PRECLINICAL MRI TECHNOLOGY

MRI is a more and more vital research tool for look over organ, tissue, cell or molecular changes and is often used while animals react to physiological or ecological incentive. present further in preclinical MRI scanning technologies have escalated the quality and extent of preclinical research that can now be undertaken by university well as lowering the cost of latest apparatus in 2012, the next by the beginning on business cryogen-free, 3T bench peak MR Imaging scanner was launched into the preclinical market by UK manufacturer Magnetic Resonance Solutions. Suitable to the scanners portability and an intrinsic Faraday cage that eliminates the need to house in a separate metallined room.

### NEW MAGNET TECHNOLOGY

The enabling get through was the improvement of superconducting magnet technology that does not require cryogenic fluid for cooling. Formerly magnets were cooled using liquid helium, which attain up a bulky and passionate mechanical structure and bulky helium cooling systems are no longer essential, apparatus may be much smaller and portable, shorten procedures and installation costs. This furthermore represents a significant step forward for medical and scientific communities dealing with the shortage and outflow of helium. Every one of these changes were possible due to MR Solutions collaboration with a magnet partner to eliminate the liquid helium cooling system, by using a novel magnet devise incorporating higher conducting line. This enables make the most of a standard low-temperature cry cooler (fridge) to cool the magnet to the 4 °K (-269 °C) that's necessary to achieve superconductivity. Previous to the raise of cryogen-free 3T Magnetic Resonance Imaging tools, scanners might not be located near to other imaging devices due to the strong magnetic field formed by the MRI, which can break uncomplicated to get to tools. The taking away of the helium cooling system has allowed the optimum installation of any more solenoid, which counters disappear astray magnetic ground. Inside this outcome in a stray magnetic ground that only extends a few centimeters and does not affect or interfere with nearby laboratory apparatus. The cryogen-free MRI can therefore be used safely in close to other imaging modalities, be there fond of X-ray CT, PET and SPECT. (Wehrl HF 2009)

**Industry developments:** The latest developments include MR Solution's launch of a cryogen-free 7T preclinical scanner with a bore width of 17 cm. The magnet in this scanner has a not direct field-of-view

that makes it better suited for body imaging and mainly suited to the animal's profile. Individual dominant innovative characteristic facilitated by the magnet technology is the capacity to vary the magnetic field from 0 to 7 Tesla, making novel investigate applications apparent, particularly in the a different modern trend is the introduction of multi-modality systems which allow researchers to use various anatomical and molecular scanning technologies jointly with MRI, SPECT, PET, optical and CT scanning – in concurrence with each other to obtain dissimilar results simultaneously. For numerous preclinical studies, researchers have to employ different imaging techniques to imagine a variety of changes that may take place. Having to shift animals between different scanners in separate locations means they must be re-anaesthetized. Reducing it need to shift animals from one machine to another enables far added in-depth research to be passed out faster, further simply and at lower cost than further on counting quick examination of the possibility of prospective research projects. The combination of high-resolution PET or SPECT with high-performance cryogen-free MRI instrument--tation should provide important benefits for both academia and industry. These systems intend researchers simultaneous multi-modality imaging that has not been commercially available before. To provide 3D SPECT images, MR Solutions has devised a system whereby four gamma camera heads and focusing collimators can be easily clipped on to the front of the MRI scanner bore. The SPECT imagery possibly will be registered with the MR images to provide combined anatomical-functional information. The SPECT gamma camera is capable of used separately. PET capability is provided by solid-state detectors and FPGA technology incorporated within the bore of the MRI scanner. This application combines the complete structural and functional tissue characterization provided by the MRI scan with the extreme sensitivity of PET imaging for metabolism and tracking of uniquely labeled cell types or cell receptors. This characteristic is mainly helpful in oncology, cardiology and neurology research. Nearby Dual-Imaging Contrast Agents to enable Both MRI and Fluorescent Imaging Developed MIT chemists have developed nanoparticles that can help doctors perform magnetic resonance imaging (MRI) and fluorescent imaging simultaneously without needing to switch contrast agents. The particles developed by the MIT team are the so-called branched-bottlebrush polymer dual-modality organic radical contrast agents and are "are nitro-oxide radical-based nanostructures that are excitable by near-infrared light and are readily categorize in MRI," Jeremiah Johnson, an assistant

professor of chemistry at MIT said in future they were looking to develop these particles to track disease development as well. On this time, though the use seems to focus on the tumor microenvironment. (Wlad 2012) Non-invasive Magnetic Resonance Imaging (MRI) A Better Way to Track Cell Therapies A new investigate has found that cellular therapeutics using intact cells is a highly promising technique in medicine to treat and make well disease. On the other hand this have been hindered by the incapability of doctors and scientists to efficiently track the activities, objective and persistence of these cells in patients without resorting to invasive trial, linked to tissue sampling essentially this technique used for clinical trials that involve tests of new cell therapies. Clinical upgrading of cell therapies can be accelerated by providing feedback regarding cell motility, optimal release routes, individual therapeutic doses and engraftment success currently there is no accepted way to image cells in the human body that covers a broad range of cell types and diseases. Prior techniques have used metal ion-based vascular MRI contrast agents and radioisotopes. The previous have proven complicated to distinguish in vivo, the last raise concerns about radiation toxicity and do not provide the anatomical detail accessible with MRIs. This is the early human PFC cell tracking agent, which is an original development to do MRI cell tracking said Ahrens. "It's the establishment form of a clinical MRI agent designed specifically for cell tracking. Researchers used a PFC tracer negotiator and a Magnetic Resonance Imaging technique that directly detects fluorine atoms in labeled cells. Fluorine atoms in nature come about in particularly low concentration in the body, production it easier to inspect cells labeled with fluorine using Magnetic Resonance Imaging. In this study, the customized and labeled dendrite cells potent stimulators of the immune system were first prepared from white blood cells extracted from patient. The cells were then injected into patients with stage 4 metastatic colorectal cancers to stimulate an anti-cancer T-cell immune outcome. The imaging agent awareness has been to shown to be able to tag any cell type that is of interest, which might also speed upgrading of connected therapies. Non-invasive cell tracking may be of assistance lower dictatorial barrier, Ahrens described For example new stem cell therapies can be time-consuming to obtain regulatory approvals in part because it is not easy, if not impossible, with current approaches to verify survival and location of transplanted cells. And cell therapy trials regularly have a high cost for every one patient. Tools that agree to the investigator to expand a richer data set from individual patients mean it may be possible to

reduce patient numbers enrolled in a trial, thus reducing complete evaluation cost. (Eric *et al* 2013)

**MRI draws Breast Cancer Early in At-risk Survivors of Female Hodgkin Lymphoma:** MRI scans detected invasive breast tumors at early stages in female survivors of Hodgkin lymphoma at an increased risk of breast cancer, a new study has found. Female survivors of childhood HL who had chest radiation should speak with family doctor about after-care assessment and breast cancer screening. This new confirmation will encourage these survivors to discuss early screening with doctors. At Present is a regional pediatric oncology aftercare system already in consigs to be of assistance, controlled by the Pediatric Oncology Group of Ontario (POGO). Dr. Hodgson study team in collaboration with colleagues at the Dana Farber Cancer Institute in Boston, Examined 274 breast MRI screens on 96 women from 2005 to 2012. Ten breast cancers partly of them enveloping tumors were diagnosed in nine women during 363 person years follow up. The medium age of breast cancer assessment was 39 years and the median latency period between HL diagnosis and age at breast cancer diagnoses was 21 years. This explain the young age at which these cancers can take place for some of these women, if they had been screened opportunity at age 40 or 50 like average risk women, it would have been too late. (Minh *et al* 2014)

**RISKS:** There are no known unsafe effects from the strong magnetic field used for MRI. But the magnet

is extremely dominant. The magnet may affect pacemakers, synthetic limbs, and other medical devices that enclose iron. The magnet will discontinue a watch so as to be close to the magnet. Every impermanent metal article has the risk of causing damage or injury if it gets pulled toward the strong magnet. Metal parts in the eyes can damage the retina if you may have metal residue in the eye, an X-ray of the eyes may be done earlier than the MRI. If metal is distinguished, the MRI will not be completed. Iron pigment in tattoos and tattooed eyeliner can cause skin or eye irritation. An MRI can source a burn with a number of medicine patches. Be encouraged to tell your health specialist if you are wearing a patch. There is a small risk of an allergic response if contrast material is used throughout the MRI. But most reactions are calm and can be treated with medicine. There also is a minor risk of an infection at the IV site.

### CONCLUSION

MRI is a complex but valuable imaging that has a variety of clinical indications directly related to the diagnosis and treatment of oral and maxillofacial abnormalities. While not routinely applicable in dentistry, accurate use of MRI can enhance the superiority of patient care in selected cases. Advance in different tumors imaging, enhance the use of this imaging technique even further.

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